11-Piece Capsule Wardrobe Checklist

Turn dozens of morning micro-decisions into one. Build it in an afternoon.

- [ ] 2 or 3 bottoms you'd wear on a bad day
- [ ] 7 to 9 tops in the same 3 or 4 colours
- [ ] 2 layers
- [ ] 2 dresses, or 1 dress and 1 jumpsuit
- [ ] 2 pairs of shoes you can walk in
- [ ] Pull out only what you've worn in the last 8 weeks
- [ ] Pick the 3 or 4 colours that repeat
- [ ] Remove anything outside those colours
- [ ] Try the awkward ones on once
- [ ] Hang the keepers on matching hangers
- [ ] Put the rest in the boot of the car